**DAY OF NEEDLING**

You can find all of your **microneedling pens & cartridges** here:

Code PENNSMITH gets a discount at all the sites below!

US <https://us.drpen.co/?ref=PENNSMITH>

UK <https://uk.drpen.co/?ref=PENNSMITH>

AU <https://drpen.com.au/?ref=pennsmith>

NZ <https://drpen.co.nz/?ref=PENNSMITH>

Cartridges recommendations:

**Medical** (depths of .5 and deeper)

9, 12, 16, 18 or 24

**Cosmetic** (shallow depths of .25 or .3)

9, 12, 16, 18, 24, 36, or 42

**Isopropyl Alcohol 70%**

Liquid <https://amzn.to/3HaHzaI>

Spray <https://amzn.to/419lC2u>

Wipes <https://amzn.to/4fCUMFX>

I like to have both. The liquid alcohol and spray is for safety and sanitation (dipping fingers etc) and the wipes are wiping down the face.

**Cleanser**

Dieux Baptism (fragrance free) <https://go.shopmy.us/p-21960847>

Vanicream Gentle Cleanser <https://amzn.to/41Ek8NL>

**Numbing Cream**

Ebanel 5% <https://amzn.to/4oGy1oM>

**Hypochlourous Acid**

Base Laboratories Wipes <https://amzn.to/4fCq3bO>

**Hyaluronic Acid**

Photozyme Serum 4 High Molecular Weight HA <https://photozyme.com/pages/penn-smith?ref=PENNYSMITH> code PENNSMITH saves 25%

The Photozyme HA linked above was designed to be used with sterile saline to keep slip while needling and not waste HA. The one I recommend is linked below.

**Sterile Saline Spray**

Steri-Wash Aftercare Spray <https://amzn.to/4msg9Mw>

**Additional Accessories**

Clean Skin Club Towels <https://amzn.to/47s5zk3>

Face Made Towels <https://amzn.to/46XPdQa>

Disposable Tray Liners <https://amzn.to/3JeJpIa> (this is a box of 1000 so either share with a friend or use for in clinic)

**AFTERCARE**

**Nourishing Oils**

Botanical Beauty Kiwi Seed Oil <https://amzn.to/46Y6sRg>

M61 Hydraboost Face Oil <https://amzn.to/45t2Bux>

**Peptides/Copper Peptides/Growth Factors**

Maelove Peptide Squad <https://go.shopmy.us/p-6078960>

Allies of Skin Multi Peptides & Growth Factors <https://go.shopmy.us/p-21941929>

Medik 8 Liquid Peptides <https://go.shopmy.us/p-23046313>

**DNA Repair Enzymes**

Photozyme DNA Youth Recovery <https://photozyme.com/pages/penn-smith?ref=PENNYSMITH> code PENNSMITH saves 25%

**Vitamin C**

Photozyme Vitamin C+E <https://photozyme.com/pages/penn-smith?ref=PENNYSMITH>code PENNSMITH saves 25%

Timeless Vitamin C 10% <https://amzn.to/3Uuftdq>

Regalica Immunity Essence <https://www.avantlink.com/click.php?tool_type=cl&merchant_id=769b1654-a230-4482-8d2f-e7a1975dfd1a&website_id=896db841-61ea-48c5-ae9f-731fb2909cb9&url=https%3A%2F%2Fwww.regelica.com> code PENN saves 20%

**Moisturizer**

Drmtlgy Soothe and Recovery <https://get.aspr.app/SH1ATX> code PENN saves 20%

SkinFix Barrier+ Triple Lipid-Peptide Cream <https://go.shopmy.us/p-11307712>

**SPF**

Neova Silc Sheer 2.0 <https://amzn.to/4lxCmYy>

Drmtlgy Universal Tinted Moisturizer <https://get.aspr.app/SH1ATS> code PENN saves 20%

Lightsaver Mineral Sunscreen <https://go.shopmy.us/p-6569965>